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**STRATEGIC PARTNERSHIP BETWEEN SCHOOLS  
KA2 ACTION, ERASMUS+ PROGRAM  
THE VIRTUAL UNIVERSE WE WANT  
PROJECT NO: 2016-1-RO01-KA219-024515**

**PORTUGAL**



Cyberbullying it's a crime!

Cyberbullying is the act of harming or harassing via information technology networks in a repeated and deliberate manner.

With the increased use of communication technology, cyberbullying has become increasingly common, especially among teenagers. Awareness has also risen, due in part to high-profile cases like the suicide of Tyler Clementi.



GNR: 281580150

# CYBERBULLYING CYBERBULLYING

Cyberbullying can occur and spread in various media: email, instant messaging, mobile phones, online chats, social, forums and blogs, among others.



## Examples of cyberbullying attacks:

- Create blogs to denigrate the image of a person or group;
- Shipping / publishing photos, videos and personal information in order to damage the image of the victim;
- Sending viruses to infect the victim's computer, steal passwords;
- Identity theft and publication of prejudicial information on behalf of the victim.

## How to avoid this type of attack?

- Never provide private or personal information on the internet or on third parties;
- Do not provide passwords to third parties and ensure that they are not stolen;
- Do not add strangers to your friends list and not accepting friend requests on social networks if the profile of the content of that person cause discomfort;
- Maintain profiles on social and respective private content networks;.

# What is Cyberbullying?



**Cyberbullying** is a phenomenon that occurs in various sectors of modern societies, but it is at school where the phenomenon has proved more worrisome.

**Cyberbullying** the expression derives from the junction:

- Cyber**, concerning the use of new communication technologies (internet, mobile phones, for example);
- Bullying**, on the phenomenon of abuse, aggression, violence by someone.

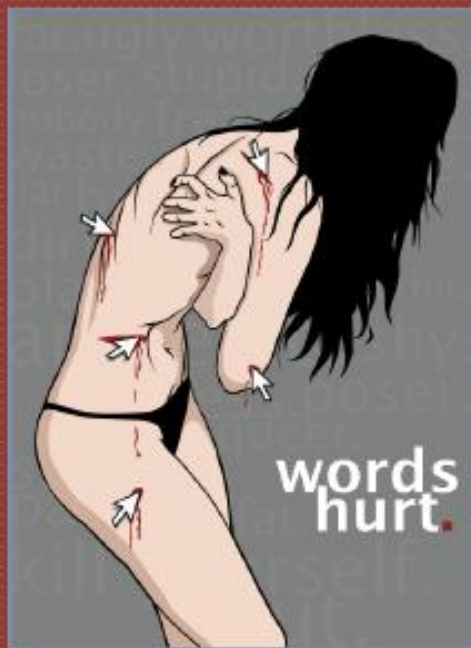
~~CYBERBULLYING~~  
"Rethink"  
before you post





The aggression is virtual  
but the pain is real

# CYBER BULLYING



Help others  
When they need it

# HOW A CYBERBULLY HURTS



**Sends  
Threatening  
emails or  
text  
messages**

**Posts  
pictures of  
you to hurt  
or  
embarass**

**Dupes you  
into  
revealing  
personal  
information**

**Pretends  
to be you  
online**

**Spreads  
lies and  
rumors  
about you**

Once you get in, it's impossible to get out



Chat

|16:20| You - What are you...?!

|16:21| You - PLEASE STOP! I DON'T WANNA BE ON THIS ANYMORE!

|16:24| ??? - :)

|16:24| You - DON'T DO THIS! ANSWER ME!

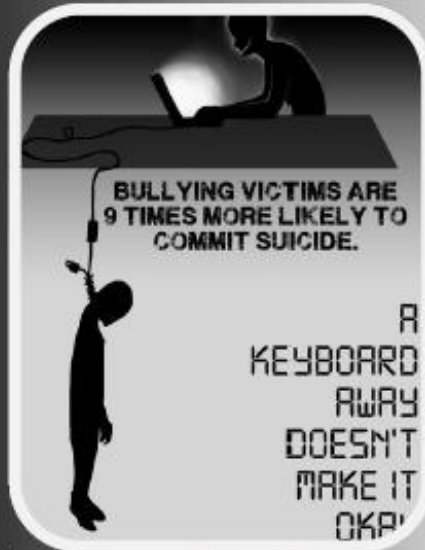
|16:26| ??? - There is now here to fun

Chat sounds

STUPID  
FAKE  
WORRIES  
LAME  
DID YOU  
FREAK



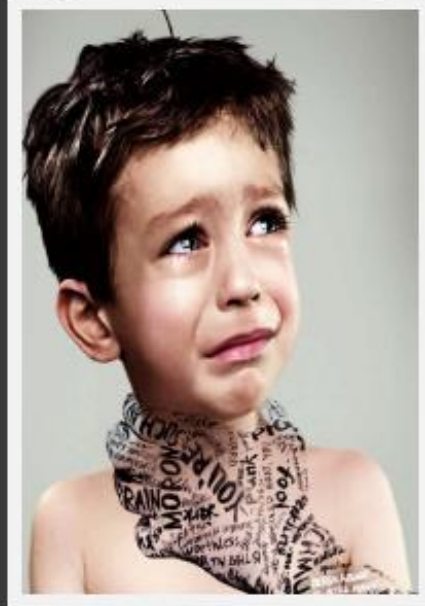
# CYBERBULLYING



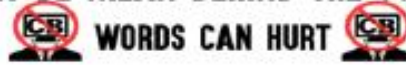
I WAS VICTIM ...  
 IF IT WAS WITH  
 YOU?  
 WHAT'S WRONG  
 WITH DE PEOPLE?  
 YOU DONT HAVE  
 FELLING'S  
 ENOUGH  
 CYBERBULLYING



REAL BULLYING CAN BE JUST AS HORRIBLE, BUT YOU DON'T HAVE TO SUFFER IN SILENCE. CALL THE NARCS HELPLINE FOR ADVICE AND SUPPORT. MEMBERSHIP TO PROTECT FROM SPAM TO 1-800-842-2283



**DONT BE MEAN BEHIND THE SCREEN**



*I don't know why everybody hates me  
so much but maybe I do, because now I  
hate me too.*

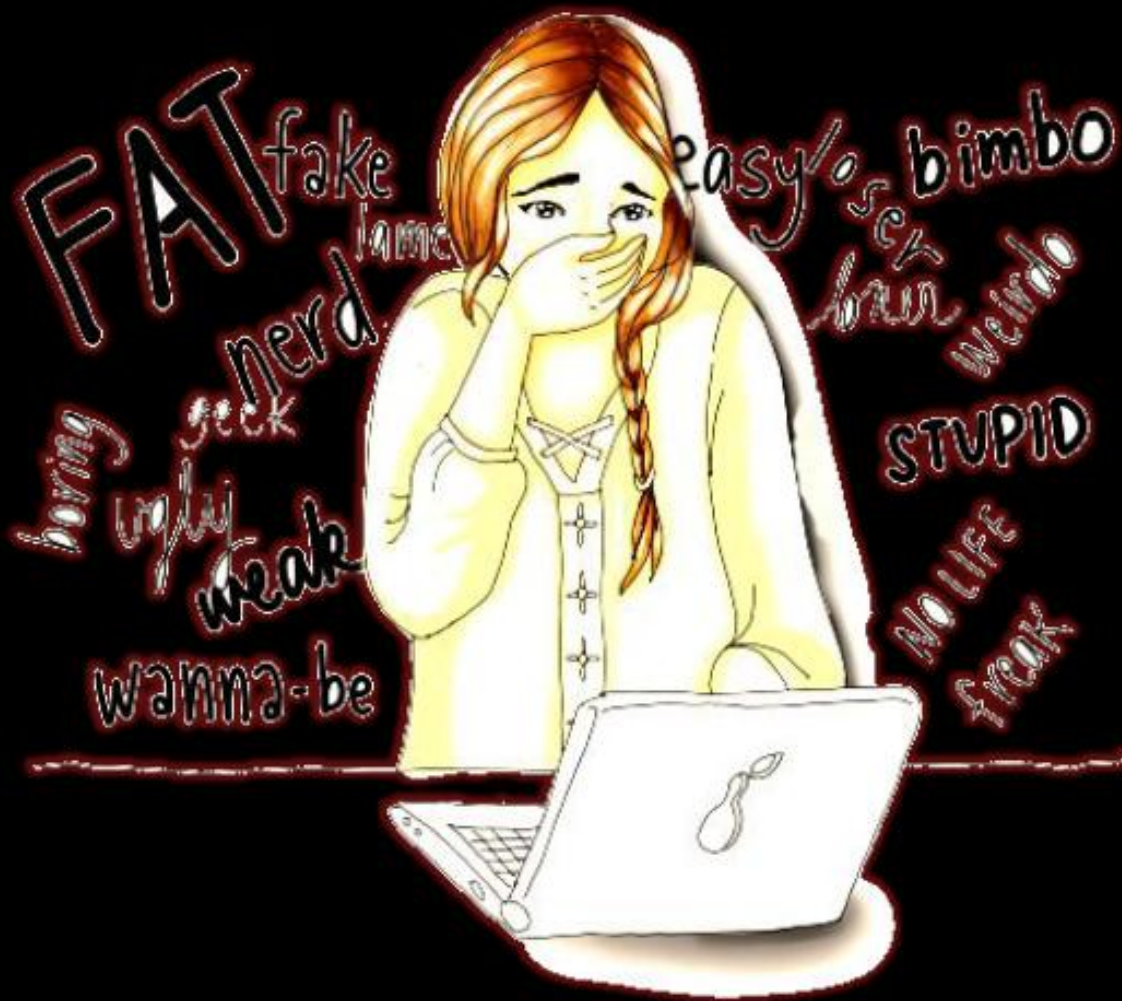


*says no to cyberbullying!*

*Let's be friends*



Please say no to cyberbullying!!!



# Cyberbullying



The aggression is virtual but the consequences are real.

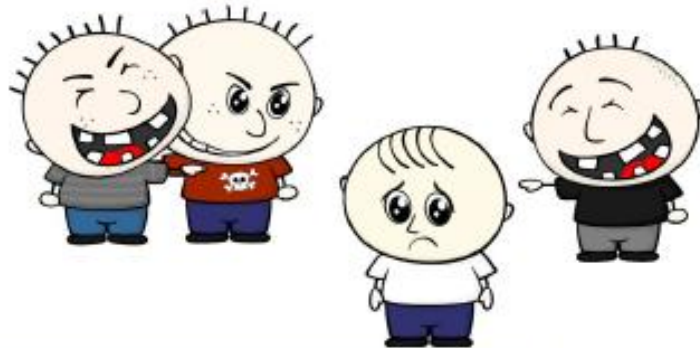
**CYBER BULLYING**

**PLEASE STOP BULLYING NOW!**  
**DON'T BE AFRAID TO STAND UP & SPEAK OUT**



# LET'S CHANGE MAKE A

DELETE  
CYBER  
BULLYING



# CYBER BULLYING

