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**KEY ACTION 2 – STRATEGIC PARTNERSHIP IN THE FIELD OF EDUCATION, TRAINING AND YOUTH**

**THE VISTUAL UNIVERSE WE WANT**

**LESSON PLAN FOR “CYBER BULLYING AND SAFE NET”**

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| **Objectives** | **Contents** | **Activities** | **Target audience** | **Timing** |
| **Main learning objectives:**  *Students should be taught …*  - to analyse, debate cyber bullying and use a safe Net;  - to be aware and start a transition from a *bystander*  to an *upstander* position.  1. to define cyber bullying  2. to identify types and consequences  3. to promote a preventive, updated and responsible behaviour concerning the use of mobile devices.  4. to promote students’ active participation, communication and group/plenary discussion.  5. to develop self-esteem and respect for other people. | **“Digital Safety” (Segurança Digital) and Cyberbullying**:   * Risks taken when   using the Net;   * How to identify and avoid them; * How, when and to whom report the abuses; * Supporting legal links. | **Cyber bullying – what is it?**  1st. Activity  Breaking the Ice by  crumpling a sheet of paper.  2nd. Activity  Watching short videos and comics.  3rd. Activity  Group/plenary discussion. | Secondary/High school students | 50 minutes  (= 1 lesson) |