

Co-funded by the Erasmus+ Programme of the European Union

STRATEGIC PARTNERSHIP BETWEEN SCHOOLS KA2 ACTION, ERASMUS+ PROGRAM THE VIRTUAL UNIVERSE WE WANT PROJECT NO: 2016-1-R001-KA219-024515

LATVIA

GUIDE FOR PARENTS



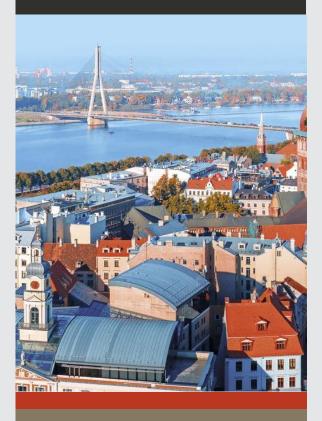
In the photo above you can see our school – Rīgas 31. vidusskola

This brochure will help you learn some tips about how to be safe on the internet. Brochure will include tips for: Teachers, Students and Parents. Enjoy your stay in Riga, Latvia!





Rigas 31 Secondary School



The Virtual Universe We Want

Parents

- Control your childs social media posts
- Set parental controls
- Ask your child what do they post on social media



- Talk about internet abuse with your child
- Check your childs messages time by time

INTERNET SAFETY



Stay Safe

- Keep your personal information and passwords private
- Never use your real name as your username
- Do not give out your personal information to people or companies you do not know



M

Don't Meet Up

- Never meet with an online friend, even if you think you know them well
- Online friends are still strangers and may not be who they say they are





Accepting Files

- Do not open e-mails from people you do not know
 Emails and attachments can contain viruses
- Emails and attachments can cor or unpleasant images





Reliable?

- Not all information online is reliable, always check that information is correct before using it
- False identities are used a lot in chat rooms try to limit to real friends





Tell Someone

- Tell an adult if anything online makes you feel uncomfortable
- Log off if you feel uncomfortable or suspicious of anything
- Most chat rooms and social media have alert buttons to report bullying or inappropriate behaviour





GUIDE FOR STUDENTS



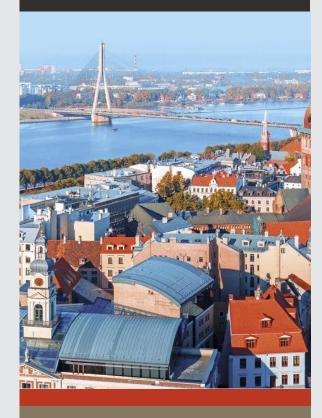
In the photo above you can see our school – Rīgas 31. vidusskola

This brochure will help you learn
some tips about how to be safe on the
internet. Brochure will include tips
for: Teachers, Students and Parents.
Enjoy your stay in Riga, Latvia!





Rigas 31 Secondary School



The Virtual Universe We Want

Students

- Do not share your passwords with strangers
- Don't meet any random strangers you encounter
- Do not store store details of your private life on the internet



- Do not use bad language
- Don't respond to random people

INTERNET SAFETY



Stay Safe

- Keep your personal information and passwords private
- Never use your real name as your username
- Do not give out your personal information to people or companies you do not know



M

Don't Meet Up

- Never meet with an online friend, even if you think you know them well
- Online friends are still strangers and may not be who they say they are





Accepting Files

- Do not open e-mails from people you do not know
 Emails and attachments can contain viruses
- or unpleasant images





Reliable?

- Not all information online is reliable, always check that information is correct before using it
- False identities are used a lot in chat rooms try to limit to real friends





Tell Someone

- Tell an adult if anything online makes you feel uncomfortable
- Log off if you feel uncomfortable or suspicious of anything
- Most chat rooms and social media have alert buttons to report bullying or inappropriate behaviour





GUIDE FOR TEACHERS

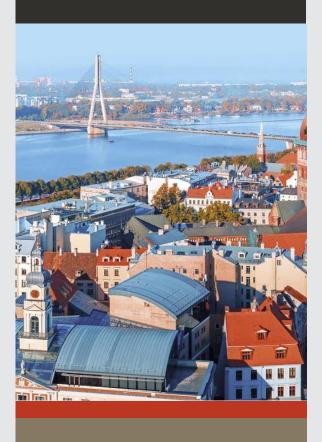


In the photo above you can see our school – Rīgas 31. vidusskola

This brochure will help you learn
some tips about how to be safe on the
internet. Brochure will include tips
for: Teachers, Students and Parents.
Enjoy your stay in Riga, Latvia!



Rigas 31 Secondary School



The Virtual Universe We Want

Teachers

- Talk with your students about internet safety periodicly
- Ask your students what do they post on social media
- Be aware of what students do on their free time!



• Do not let students abuse their classmates on the internet

Be aware of what students do on their free time!

INTERNET SAFETY



Stay Safe

- Keep your personal information and passwords private
- Never use your real name as your username
- Do not give out your personal information to people or companies you do not know



M

Don't Meet Up

- Never meet with an online friend, even if you think you know them well
- Online friends are still strangers and may not be who they say they are





Accepting Files

- Do not open e-mails from people you do not know
 Emails and attachments can contain viruses
- or unpleasant images





Reliable?

- Not all information online is reliable, always check that information is correct before using it
- False identities are used a lot in chat rooms try to limit to real friends





Tell Someone

- Tell an adult if anything online makes you feel uncomfortable
- Log off if you feel uncomfortable or suspicious of anything
- Most chat rooms and social media have alert buttons to report
- bullying or inappropriate behaviour



