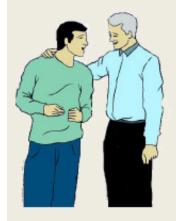


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PORTUGAL





The important role of Parents

It is essential the attention of parents/tutors for the signals that can denounce this practice, being your son or daughter the victim or the aggressor.



- -Be careful if your son have some psychologic or physiognomy changes.
- -Talk with his/her teachers about his/her behavior.
- -Do not become hyper-protector, but be a careful watcher.
- -Do not forget that you son/daughter may need help.
- -If your son/daughter is very aggressive, be alert, he/she may be a Bullying author, and not be aware of the suffering it causes to the other children.
- -In case that you can't control the situation, report to the School or the closer GNR.



What happen?

Well its a long story...





• WHAT TO DO IN CASE OF ATTACK?

We should ignore the offender and never try to answer the attack. The attacker has the purpose of causing negative reactions, so you must counteract this objective, not communicating with the same;

- We must beep records of attacks that were made, along with the date and time that happened to serve as proof in case the attacker try to eliminate the trail of their actions;
- You can change your username/email account, if you simply do not want to be bothered. However if you do, we have to be careful to beep it private;
- You must not be condescending to this kind of attacks, even if you're not you the victim;



- Should the behavior seems to be responsible for online services where these practices and/or seeb advice from the safer Internet Centre;
- In extreme cases, you must resort to justice. Cyberbullying is a crime, along with slander, libel, threaten and apologia and criminal acts. If the situation is out of control, you must inform the authorities.

Think before you type.

stop cyberbullying.